

MENU WEEK 1



Don't forget to look out for **special day** menus & limited edition recipes from our **Colourfuel** monthly ingredients.



15th April, 6th May, 3rd June, 24th June

MON

TUE

WED

THU

FRI

MAINS #FreshFlavours

Tuna & Sweetcorn
Pasta Bake
(G,Mk,F)

Pulled Pork (None)
Bap (G) with Cheese
(Mk)

Baked Crispy Chicken
Katsu (G)

Beef Bolognaise
(None)

Battered Fish Fillet
(G,F)
Or Jumbo Sausage
(G,Su)

VEGGIE #MeatFree

Cheese & Tomato
Turnover
(G,Mk,E)

Onion Bhaji Burger
with Mango Chutney
(None)

Sticky Chilli
Mushrooms
(None)

Roasted Vegetable
Lasagne topped with
mozzarella (G,Mk)

Spiced Beanie Pitta
(G,Mu,Mk)

VEG #ExtraGood

Mixed Seasonal Salad
Broccoli

Coleslaw (E)
Corn on the Cob

Sauteed Asian
Vegetables
Sweetcorn

Green Beans
Roquette and
Balsamic Tomatoes

Garden Peas
Mushy Peas
Baked Beans

CARBS #FillingExtras

Garlic Focaccia (G)

Spiced Wedges

Steamed Rice

Garlic Bread

Crispy Oven Baked
Chips

PUDS #SweetTreat

Gluten & Dairy free
Chocolate & Orange
Brownie (E)

Unicorn Sponge
(G,So,Mk,E)

Millionaire
Shortbread
(G,Mk,So)

Summer Berry Eton
Mess
(Mk,E)

Caramelized Apple
Crumble with Custard
(G,,Mk)

Jacket potatoes, pasta option, salad bar, cold desserts and fresh fruit available daily.

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish

G = Cereals
containing Gluten
L = Lupin
Mk = Milk

Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

MENU WEEK 2



Don't forget to look out for **special day** menus & limited edition recipes from our **Colourfuel** monthly ingredients.



22nd April, 13th May,
10th June, 1st July

MON

TUE

WED

THU

FRI

MAINS
#FreshFlavours

Creamy Gnocchi,
Roasted Butternut &
Feta
(G,Mk)

Piri Piri Chicken
(None) with Pitta
Bread (G), Baby Gem
lettuce & Piri Piri
Sauces

Sausage Wellington
(G,Su)

Loaded Nachos with
Pulled Fajita Chicken ,
Cheese & Sour cream
(Mk)

Fish Finger Dog
With Baby Gem &
Lemon Mayo (E,G,F)

VEGGIE
#MeatFree

Cheesy Vegetable
Enchilada
(Mu,Mk,G)

Grilled Halloumi
Burger
(Mk,G)

Veggie Sausage Roll
with Veggie gravy
(G,So)
(Vegan)

Loaded Nachos with
Veggie Chilli Cheese &
Sour cream
(So,Mk)

Baked Mac and
Cheese with crusty
topping
(G,So,Mk)

VEG
#ExtraGood

Carrots
Roasted Courgette

Macho Peas
Rainbow Slaw

Mixed Vegetables

Green beans
Carrots

Garden Peas
Mushy Peas
Baked Beans

CARBS
#FillingExtras

Rosemary Focaccia
(G)

Mixed Wedges

Creamy Mash

Mexican Rice

Crispy Oven Baked
Chips

PUDS
#SweetTreat

Citrus Drizzle Cake
(G,Mk)

White Chocolate &
Cherry Biscuits
(G,So,Mk,Su)

Steamed Sticky
Ginger Sponge with
Custard (So,G,Mk,E)

New York Baked
Cheesecake
(G,E,Mk)

Pear & Chocolate
Crumble with Custard
(G,Mk)

Jacket potatoes, pasta option, salad bar, cold desserts and fresh fruit available daily.

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish

G = Cereals
containing Gluten
L = Lupin
Mk = Milk

Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

MENU WEEK 3



Don't forget to look out for **special day** menus & limited edition recipes from our **Colourfuel** monthly ingredients.



29th April, 20th May,
17th June, 8th July

MON

TUE

WED

THU

FRI

MAINS #FreshFlavours

Mozzarella & Tomato
Focaccia Pizza
(G,Mk,E)

Oven Baked Pork
Sausages with Onion
Gravy (Su,G)

Roast Turkey with Gravy
(None) and Homemade
Stuffing (G,Mk,So)

Thai Red Chicken Curry
(None)

MSC Breaded
Pollock Fillet (G,F)
Or Sausage Roll
(G,Su,So,Mk)

VEGGIE #MeatFree

Homemade Falafels
served with Fragrant
Quinoa (None) & Mint
Yoghurt (Mk)

Vegan Sausages with
Onion Gravy (G,Ce)

Veggie Cottage Pie with
Sweet Potato Mash
served with Gravy
(None)

Spiced Tamarind
Aubergine & Quorn (E)

Minted Pea, Asparagus
& Feta Frittata (G,E) Or
Plant Based Sausage
Roll (G)

VEG #ExtraGood

Sweetcorn
Coleslaw (E)

Baked Beans
Broccoli

Roasted Vegetables
Spring Greens

Roasted Broccoli
Sauteed Cabbage

Garden Peas
Mushy Peas
Baked Beans

CARBS #FillingExtras

Lightly Spiced Potato
Wedges

Creamy Mash

Crispy Home Roast
Potatoes

Steamed Rice

Crispy Oven Baked
Chips

PUDS #SweetTreat

Steamed Lemon Curd
Sponge (G,Mk,E)

Chocolate Chip Cookies
(G,E,Mk,So)

Sticky Toffee Pudding
with Toffee Sauce
(G,Su,Mk,E)

Rice Crispy Square
(G)

Chewy Flapjack
(G)

Jacket potatoes, pasta option, salad bar, cold desserts and fresh fruit available daily.

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish

G = Cereals
containing Gluten
L = Lupin
Mk = Milk

Mo = Molluscs
Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide

