

3 COURSE MEAL ALLOWANCE – APRIL 2024

1: STARTER One portion of homemade soup and fresh homemade bread (unlimited) 2: MAIN MEAL – choose any ONE of the options from the columns below													
							MEAT OPTION	VEGE/VEGAN OPTION	POTATO OPTION	PASTA OPTION	SALAD PROTEIN OPTION	SALAD OPTION	SANDWICH OPTION
							ONE Meat Option	ONE Vegetarian Option	ONE Jacket Potato + up to TWO fillings	ONE Pasta Dish of the Day	ONE Salad Bar protein (when available)	ONE Plated Salad	Up to TWO Sandwiches/wraps/roll <i>OR</i> TWO large, filled
PLUS Vegetables <i>OR</i> Small Side Salad	PLUS Vegetables <i>OR</i> Small Side Salad	PLUS Vegetables <i>OR</i> Small Side Salad	PLUS Small Side Salad	PLUS Vegetables <i>OR</i> Small Side Salad		baguettes							
PLUS Potato OR Rice OR Pasta	PLUS Potato <i>OR</i> Rice	PLUS Potato <i>OR</i> Rice <i>OR</i> Pasta		PLUS Potato <i>OR</i> Rice <i>OR</i> Pasta									
	3: DESS	ERT – choc	se any ONE	of the colun	nns belov	N							
ONE Hot Dessert			ONE Cold Dessert		ONE Piece of Fruit								