

## **3 COURSE MEAL ALLOWANCE – APRIL 2024**

1: STARTER   One portion of homemade soup and fresh homemade bread (unlimited)   2: MAIN MEAL – choose any ONE of the options from the columns below													
							MEAT OPTION	VEGE/VEGAN OPTION	POTATO OPTION	PASTA OPTION	SALAD PROTEIN OPTION	SALAD OPTION	SANDWICH OPTION
							ONE Meat Option	ONE Vegetarian Option	ONE Jacket Potato + up to TWO fillings	ONE Pasta Dish of the Day	ONE Salad Bar protein (when available)	ONE Plated Salad	Up to TWO Sandwiches/wraps/roll <i>OR</i> TWO large, filled
<b>PLUS</b> Vegetables <i>OR</i> Small Side Salad	<b>PLUS</b> Vegetables <i>OR</i> Small Side Salad	<b>PLUS</b> Vegetables <i>OR</i> Small Side Salad	<b>PLUS</b> Small Side Salad	<b>PLUS</b> Vegetables <i>OR</i> Small Side Salad		baguettes							
<b>PLUS</b> Potato OR Rice OR Pasta	<b>PLUS</b> Potato <i>OR</i> Rice	<b>PLUS</b> Potato <i>OR</i> Rice <i>OR</i> Pasta		<b>PLUS</b> Potato <i>OR</i> Rice <i>OR</i> Pasta									
	3: DESS	ERT – choc	se any ONE	of the colun	nns belov	N							
ONE Hot Dessert			ONE Cold Dessert		ONE Piece of Fruit								